



Iraqi League for
Bone and Joint Health
رابطة صحة العظام
والمفاصل العراقية



8th ILBJH SCIENTIFIC CONGRESS

Uniting Expertise, Advancing Rheumatology

PROGRAM

DECEMBER 04-06, 2025
MÖVENPICK BAGHDAD - IRAQ



Simponi[®] demonstrated high persistence rates over five years.⁽¹⁻³⁾



Approximately 70% of persistence rates **across all indications**⁽¹⁻³⁾



SIMPONI[®] superiority on persistence is demonstrated through real-world studies **across all indications**.⁽⁴⁾



Better adherence to SIMPONI[®] (87%) compared to ADA (75%), ETN (73%) and CZP (71%) SIMPONI[®]⁽⁵⁾



Lower levels of injection-related reactions compared to ADA and ETN⁽⁶⁾



Patients feel highly satisfied with their experience, especially regarding the self-injection, perception of pain and stinging after the injection.⁽⁶⁾

1. Keystone EC, et al. Safety and efficacy of subcutaneous golimumab in patients with active rheumatoid arthritis despite methotrexate therapy: final 5-year results of the GO-FORWARD trial. J Rheumatol. 2016 Feb;43(2):298-306.

2. Deodhar A, et al. Golimumab administered subcutaneously every 4 weeks in ankylosing spondylitis: 5-year results of the CO-RAISE study. Ann Rheum Dis. 2015;74:775-761.

3. Kavanaugh A, et al. Clinical efficacy, radiographic and safety findings through 5 years of subcutaneous golimumab treatment in patients with active psoriatic arthritis: results from a long-term extension of a randomized, placebo-controlled trial (the CO-REVEAL study). Ann Rheum Dis. 2014 Sept;73(9):1689-1694.

4. Dalen J, et al. Treatment persistence among patients with immune-mediated rheumatic disease newly treated with subcutaneous TNF-alpha inhibitors and costs associated with non-persistence. Rheumatol Int. 2016;36:987-995.

5. Bhoi P, Bessete L, Bell MJ, et al. Adherence and dosing interval of subcutaneous antitumor necrosis factor biologics among patients with inflammatory arthritis: analysis from a Canadian administrative database. BMJ Open. 2017;7:e015872.doi:10.1136/bmjopen-2017-015872.

6. Tandon N, et al. Satisfaction with and preference for golimumab and its auto-injector among rheumatoid arthritis patients switched from adalimumab or etanercept. Value Health 2012; A 45-46. ISPOR 2012 [abstract] PMS66, poster presentation.

ORGANON

WELCOME LETTER

Dear Colleagues,

We are delighted to invite you to the upcoming **8th ILBJH Scientific congress**, taking place in **Baghdad, Iraq**, from **December 4-6, 2025**

This prestigious event will gather leading rheumatologists from around the country to share cutting-edge research, clinical advancements, and innovative treatment approaches in rheumatology.

The congress will feature keynote presentations, interactive workshops, and engaging symposia designed to enhance your clinical practice and expand your professional network. This is an unparalleled opportunity to collaborate with experts, exchange ideas, and stay abreast of the latest developments in the field.

Baghdad, a city with a rich history and vibrant culture, offers a unique backdrop for this event. We encourage you to join us and experience the hospitality and heritage of this remarkable city.

Your participation is crucial to the success of this congress, and we are confident that your contributions will enrich the discussions and outcomes.

Best regards,

Nizar Abduleef, MD

President of the ILBJH

President of the Congress



LEADING COMMITTEES

Congress President

Nizar Abdulateef Jassim, MD

Scientific Committee Chairman

Faiq Isho Gorial, MD

Scientific Committee Co-chair

Asal Adnan, MD

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Faez Ibrahim Al-hamdani, MD

Mohammed Fawaz, MD

Taha Qaradaghi, MD

Tariq Jassim, MD



08:30 - 09:00 | Registration

09:00 - 13:00 | **WORKSHOP**
Coordinator: Ahmed Abdulbari, MD

Advanced MSK Ultrasound: From Diagnosis to Guided Intervention

Trainers:

Adham AboulFotouh, MD

Ahmed Abdulbari, MD

Zeyad Tareq, MD

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NAVIGATING NEW HORIZONS



14:00 - 15:00	Registration		
15:00 - 16:20	SESSION I MULTIDISCIPLINARY PERSPECTIVES IN INFLAMMATORY ARTHRITIS <i>Moderators: Kamel Mroue, MD - Avin Maroof, MD</i>		
15:00 - 15:20	Rheumatoid Arthritis: Treat-to-Target vs Difficult-to-Treat		Faiq Isho Gorial, MD
15:20 - 15:40	Rheumatology-Cardiology and Endocrine: A Growing Link		Salwa El Cheikh, MD
15:40 - 16:00	Management of Foot Health in Inflammatory Arthritis		Layla Kazkaz, MD
16:00 - 16:20	Panel Discussion Personalized Medicine in Inflammatory Arthritis		Kamel Mroue, MD Avin Maroof, MD
16:20 - 16:50	Satellite Symposium 1 Supported by National Health Factory <i>Rituximab Biosimilar in Rheumatology: Evidence, Experience, and Exceptional Cases</i> <i>Moderator: Ali Abdulrahman, MD</i>		Saad Waheed, MD
16:50 - 17:20	Satellite Symposium 2 Supported by ROCHE <i>A New Hope for Lupus Nephritis Patients!</i> <i>Moderator: Faiq Isho Gorial, MD</i>		Nizar Abdulateef, MD

PROGRAM

THURSDAY DECEMBER 04, 2025

17:20 - 17:40	Coffee Break	
17:40 - 18:05	Spot it Right. Picture. Guess and Learn	Nizar Abdulateef, MD Asal Adnan, MD
18:05 - 18:35	Satellite Symposium 3 Supported by Abbvie <i>Title: Breaking the Signal: How JAKs will shape the Rheumatological Destiny in Iraq</i> <i>Moderator: Asal Adnan, MD</i>	abbvie Nizar Abdulateef, MD
18:35 - 18:50	Panel Discussion	
19:30 - 20:30	OPENING CEREMONY	

07:45 - 08:15	Registration	
08:15 - 10:00	SESSION II BONE & MUSCLE HEALTH WORKSHOP <i>Moderator: Raouf Rahim Mirza, MD - Ali Mohmmmed Alqazzaz, MD - Ahmed Abdulbari, MD</i>	
08:15 - 08:35	A Personalized Approach to the Treatment of Osteoporosis and Fragility Fractures: Which is the Best Treatment to Start with?	Chra Hawezi, MD
08:35 - 08:55	Osteoarthritis: Risk-Stratified vs Stepped Care	Sami Salman, MD
08:55 - 09:15	Early Diagnosis & Imaging in Spondyloarthritis	Abdullateef Ali, MD
09:15 - 09:45	Satellite Symposium 4 Supported by Johnson & Johnson <i>PsA Management & role of IL23i</i>	 Shubber Scientific Bureau  Nizar Abdulateef, MD
09:45 - 10:00	Panel Discussion	
10:00 - 10:20	Coffee Break	

10:20 - 12:00	SESSION III BRIDGING EVIDENCE & PRACTICE <i>Moderators: Ziad Al-Rawi, MD - Abbas Hamzah Zainel, MD - Elaf Raad, MD</i>		
10:20 - 10:40	Lupus Nephritis: Integrating Nephrology - Rheumatology Care	Ali Abdulrahman, MD	
10:40 - 11:00	CNS Manifestations in Sjogren: New Horizons	Gheyath Shallal, MD	
11:00 - 11:20	Review Cutting-Edge Treatment Options in Behcet Disease	Chiman Hasan, MD	
11:20 - 11:50	Satellite Symposium 5 Supported by National Health Factory <i>Etanercept Biosimilar :Clinical Role in Psoriatic Arthritis</i>		Chiman Hasan, MD
11:50 - 12:00	Panel Discussion		
12:00 - 13:30	Prayer and Lunch		
13:30 - 14:15	Round Table Nizar Abdulateef, MD Voices in Education: Enhancing Rheumatology Learning in Iraq Panelists : Salwa Alcheikh, MD - Sami Salman, MD - Hilal Al Saffar, MD - Faiq Isho Gorial, MD Muthana Alobaidi, MD		

14:15 - 14:45	Satellite Symposium 6 Supported by Organon <i>Arcoxia in Osteoarthritis: Science, Functionality and Daily Living</i> Moderator: Rawah Al-Quraishi, MD	 	Ahmed Abdulbari, MD
14:45 - 14:55	Panel Discussion		
14:55 - 15:25	Satellite Symposium 7 Supported by Johnson & Johnson <i>Simponi Across RA and Ax-SpA: Clinical Trial Insights and Real-World Data Outcomes, Persistence, and Use in Anti-TNF-Experienced Patients</i> Moderator: Marwa Moayad, MD	 	Mohammed Hadi Alosami, MD
15:25 - 15:35	Panel Discussion		
15:35 - 15:50	Coffee Break		
15:50 - 17:50	SESSION IV PEDIATRIC RHEUMATOLOGY & AUTOINFLAMMATORY WORKSHOP Moderator: Abbas Toma, MD - Ali M. Kadhim Al-Tuma, MD - Bilind Hasan, MD		
15:50 - 16:10	Back Pain in Children-More Thinking?		Marwa Moayad, MD
16:10 - 16:30	Unraveling the Mystery of Pediatric Rare Disease		Nabaa Ihsan, MD

16:30 - 16:50	Childhood-Onset Sjögren Disease: Classification in Progress and Transition into Adult Rheumatology	Muthana Alobaidi, MD
16:50 - 17:10	When Limping Isn't Just Growing Pain	Saad Waheed, MD
17:10 - 17:40	Satellite Symposium 8 Supported by Sobi <i>Still's disease: New insights and Opening windows of opportunity</i>	Asal Adnan, MD
17:40 - 17:50	Panel Discussion	
17:50 - 18:20	Satellite Symposium 9 Supported by Gasgous Group <i>Osteoporosis management past and present</i> <i>Moderator: Nabaa Ihsan, MD</i>	Nizar Abdulateef, MD
18:20 - 18:30	Panel Discussion	

08:15 - 09:45	SESSION V SYSTEMIC DISEASE ACROSS ORGANS <i>Moderator: Mohammed Hadi Alosami, MD - Ali Hussein Al-Hafidh, MD - Zainab Abdullah, MD</i>		
08:15 - 08:35	Bone disease Beyond Osteoarthritis		Taha Qaradagi, MD
08:35 - 08:55	Navigating Medication Practices During Ramadan Fasting in Patients with Rheumatic Diseases		Khalid Alnaqbi, MD
08:55 - 09:15	Ocular Inflammation in RMDs: Rheumatology–Ophthalmology Collaboration		Mustafa Emad, MD
09:15 - 09:35	Hematological Concepts in RMDs		Yasameen Abbas, MD
09:35 - 09:45	Panel Discussion		
09:45 - 10:15	Satellite Symposium 10 Supported by AstraZeneca <i>Redefining the SLE Care: Highlighting Burden and the Transformative Role of Biology Treatment</i> <i>Moderator: Yasameen Abbas, MD</i>	 AstraZeneca What science can do	Atheer Al-Ansari, MD
10:15 - 10:25	Panel Discussion		

10:25 - 10:55	Satellite Symposium 11 Supported by Boehringer-Ingelheim / Alshifa Pharma <i>Ofev Outcomes in SSc Patients: One Year and Beyond</i> Moderator: Aryan Mohamadfatih, MD	 Boehringer Ingelheim	Saad Waheed, MD
10:55 - 11:05	Panel Discussion		
11:05 - 11:20	Coffee Break		
11:20 - 13:00	SESSION VI HOT TOPICS & INNOVATION <i>Moderator: Faez Ibrahim Al-hamdani, MD - Aaraf Khalaf, MD</i>		
11:20 - 11:40	Cellular Regeneration and Immune Modulation: The Promise of Stem Cell Therapy in Medicine		Zahraa Sameer, MD
11:40 - 12:00	Personalised Treatment Plans for Idiopathic Inflammatory Myopathy		Farah Jaafar, MD

12:00 - 12:20	Out of Evidence Myth	Atheer Al-Ansari, MD
12:20 - 12:50	Satellite Symposium 12 Supported by National Health Factory <i>Bridging Evidence with Practice : D2T SpAs with TNFi Biosimilar</i>	 Asal Adnan, MD
12:50 - 13:00	Panel Discussion	
13:00 - 14:00	Lunch Break	
14:00 - 15:15	SESSION VII LEGO THEME CASE PRESENTATION <i>Moderator: Shahlaa Basim, MD - Reem Abbas, MD</i>	
14:00 - 14:15	Case Presentation 1	Lobaba Bassim, MD
14:15 - 14:30	Case Presentation 2	Mustafa Mohanad, MD
14:30 - 14:45	Case Presentation 3	Saja Jabbar, MD
14:45 - 15:00	Panel Discussion	
15:00 - 15:15	Closing Remarks	

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